

The background of the slide is a light gray gradient. It is decorated with several realistic water droplets of various sizes, scattered across the top and bottom edges. The droplets have highlights and shadows, giving them a three-dimensional appearance.

# THE BREAD OF LIFE

JOHN 6:35-51




i'm lovin' it™





# WHY ONE SHOULDN'T EAT FAST FOOD OFTEN

- HIGH IN SODIUM
  - SATURATED FAT
  - HIGH IN CALORIES
- 

# WHY ONE SHOULDN'T EAT FAST FOOD OFTEN

- CHOLESTEROL
- LEAD TO HEALTH PROBLEMS SUCH HIGH BLOOD PRESSURE, HEART DISEASE, ETC.

# HOME-MADE MEALS



## QUESTIONS

- WHAT HAVE WE BEEN SPIRITUALLY FEEDING OURSELVES? FROM WHAT CULTURAL SOURCES OR SITES HAVE WE REPEATEDLY DRAWN FOOD FROM TO SATIATE OURSELVES?
- HOW DOES CHRIST FACTOR IN ALL OF THAT ON A DAILY BASIS?

# JOHN 6:35-51: CHRIST OUR LIVING BREAD





# CHRIST OUR LIVING BREAD

HE CHALLENGES US

(1) NOT TO HAVE CULTURAL WELLS OR SITES AS  
SOURCES OF OUR NOURISHMENT,

(2) NOT TO BE LUKEWARM AND USE HIM FOR OUR GAINS,

(3) BUT TO COMMUNE WITH HIM BECAUSE HE ALONE CAN  
SATIATE US.





# PT#1: CULTURAL WELLS OR SITES

- HUMAN BODY
- MONEY
- SPORTS
- MUSIC
- SEXUAL APPS
- FASHION
- RELATIONSHIPS
- NATIONALISM
- SOCIAL STATUS
- ACADEMICS
- DIET

PT#2: NOT TO BE LUKEWARM AND USE CHRIST FOR  
OUR OWN ENDS



## PT#3: COMMUNE WITH CHRIST DAILY

